

## BREAKFAST MENU

### YOGURT & CEREAL CORNER

Bircher Muesli  
Yogurt Plain  
Yogurt of the day  
Coconut Chia Seed  
Granola with Yogurt  
Fruit Salad

Regular Milk  
Low Fat  
Flavoured Milk  
Soy Milk  
Oat Milk  
Guava Juice  
Orange Juice  
Pineapple Juice

### CEREALS & SEEDS

Toasted Oats  
Homemade Granola  
All Bran  
Coco Pops  
Honey Granies  
Cornflakes  
  
Peanuts  
Cashew Nuts  
Coconut Flakes  
Banana Chips  
Sunflower Seeds  
Pumpkin Seeds  
Flax Seeds  
Almonds Crushed  
Raisins

### JAMS & HONEY

#### Standard:

Four Fruits  
Apricot  
Marmalade  
Nutella

#### Exotic:

Mango-Passion  
Coconut

#### Honeys & Syrup

Honey Doikham  
Honeycomb (whole)  
Honey Lychee  
Honey Wildflower  
Maple  
Coconut Flower

### GLUTEN FREE

Coconut Muesli  
Cornflakes Gluten Free  
Gluten Free Bread  
Gluten Free Muffin  
Protein Bar  
Butter  
Honey  
Gluten Free Pancakes

### CHEESE & COLD CUTS

Rosette / Salami  
Paris Ham  
Chicken Bologna  
Smoked Salmon / Trout

Mimolette  
Emmental  
Brie

Babaganoush  
Hummus  
Pita Bread  
Quinoa / Beans

Mixed Lettuce  
Grated Carrot  
Cabbage Julienne  
Capsicum Julienne  
Corn  
Sliced Tomatoes / Cherry Tom  
Sliced Cucumbers

Cornichons  
Red Onion Sliced

French Dressing  
Sesame Dressing  
Balsamic Dressing  
Dill-Mustard Sauce  
Extra Virgin Olive Oil  
Vinegar  
Maldon Salt  
Peppermill

## BREAKFAST MENU

### EGG MENU

Omelette  
Fried Eggs  
Benedicte  
Poached Eggs  
Thai Omelette

### EGG OF THE DAY \*

Steak and egg  
Egg Cocotte Thai Style  
Crab Omelet  
Spanish Tortilla

### WESTERN HOT

Roasted Bacon  
Pork Sausages  
Chicken Sausages  
Veal Sausages  
Baked Beans  
Sautéed Mushrooms  
Roasted Potatoes

Ketchup  
Chili Sauce  
Soy Sauce  
Barbecue Sauce

### ASIAN HOT

#### Thai:

Rice Porridge with Condiments  
Wok-Fried Vegetables  
Stir-Fried Rice Noodles with Egg  
Stir-Fried Beef with Black Pepper  
Stir-Fried Rice  
Noodle Soup - Live Station

#### Other:

Miso Soup with Condiments  
Chicken Teriyaki  
Japanese Rice

Dim Sum & Salapao  
Veg Dim Sum & Salapao

Samosa with Yogurt Dip

### SPECIAL OF THE DAY \*

Grilled Pork Skewers  
Grilled Pork Belly  
Chicken Koh-Rae  
Turmeric Chicken

### FRUITS

Watermelon  
Pineapple  
Papaya  
Fruit of the day

### SPECIAL FRUIT \*

Mango  
Pomelo  
Coconut  
Lychee

### JUICE STATION

Detox Juice  
Anti-Ageing Juice  
DIY Juice